

ZENTANGLES

AYISHA SASIDHARAN



Zentangles 1

Ayisha Sasidharan

(English: Pen & ink sketches)

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Cover: Zen art by Ayisha Sasidharan specially for Sayahna.

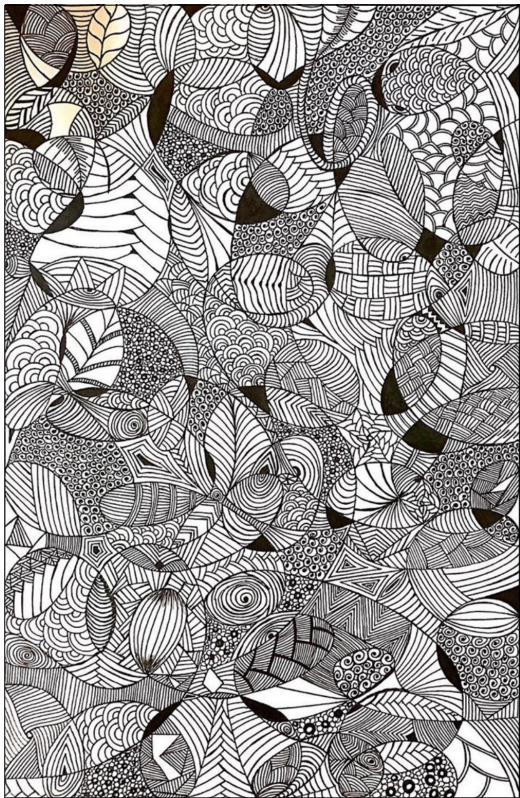
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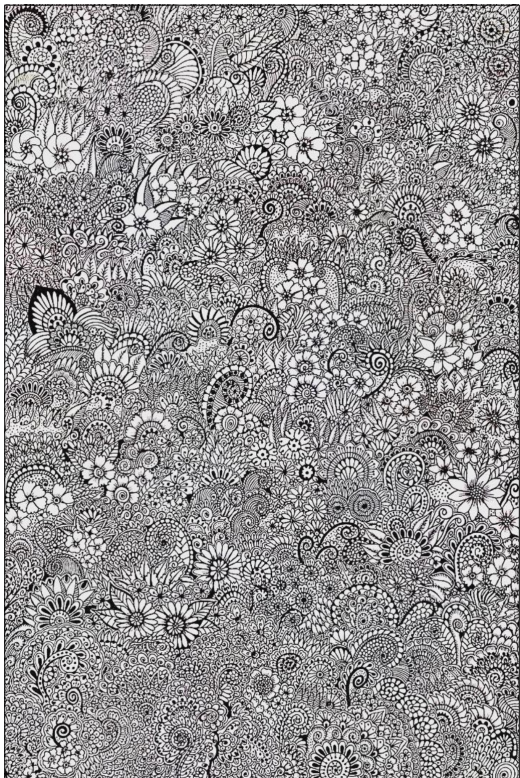
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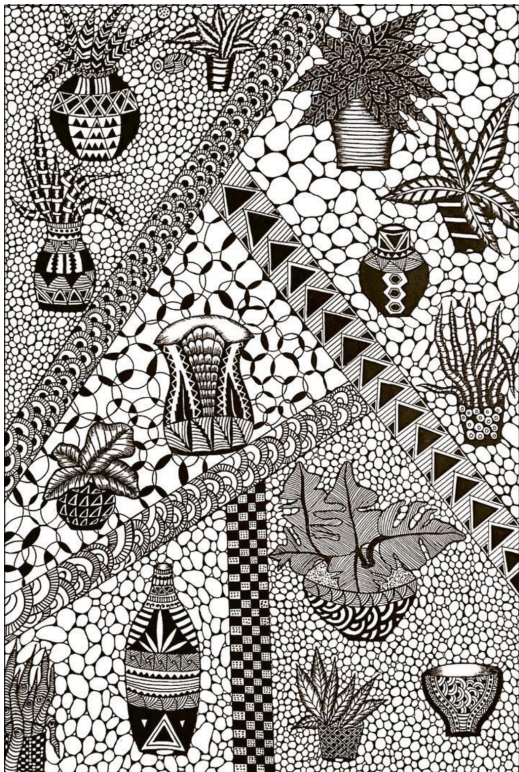
*The universe is in your bones, the stars in your soul,
it's never really the end.*



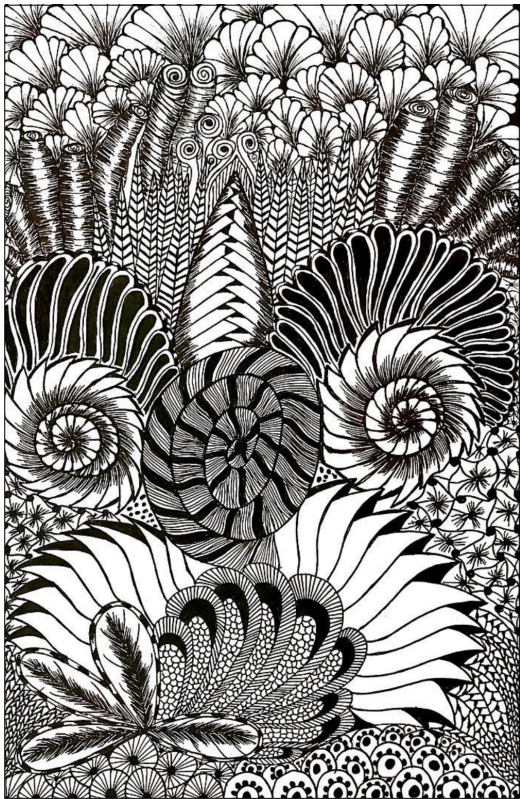
*Well, scribbles turning to be fairly good pictures
is indeed the best feeling.*



Inspired by Visoth Kakvei, taking zentangle art to another level.



Pots and plants in zentangle..



Art obsessed; self absorbed.



Design can be art. Design can be aesthetics. Design is so simple, that's why it's so complicated.



*A wise old owl, lived in an oak. The more he saw, the less he spoke.
The less he spoke, the more he heard.*

Ayisha Sasidharan



Ayisha Sasidharan is a freelance translator. Has translated short stories and books by Malayalam writers into English. Currently working as an associate editor for the “Little Genius” which is published in Emirates. She is interested in Zentangle art and has drawn black and

white pictures with artist pen on paper.

Zentangle art is a fun way of creating beautiful images by drawing structural patterns called tangles. The art form was invented by a monk named Rick Roberts and an artist named Maria Thomas. It is a combination of meditation and art. It is spontaneous and free flowing, relieves stress and promotes concentration. Anyone can create an image without the need of being an artist.



One of her zen creations has been used for the cover of *Vṛttamañjari* (വൃത്തമഞ്ജരി), a Sayahna publication, released a few months ago.

Epilog

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